


What's on the Menu?

AOD School Food Program K-8– Breakfast Menu
Christ the King Catholic School

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit	3 Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit	4 Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit	5 Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit
8 BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit	9 Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit 	10 Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit	11 Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit	12 Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit
15 BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit	16 Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit	17 Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit	18 Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit	19 Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit
22 BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit	23 Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit	24 Pop Tart String Cheese or Yogurt Fresh or Cupped Fruit	25 Cereal Bar String Cheese or Yogurt Fresh or Cupped Fruit	26 Cereal Bowl String Cheese or Yogurt Fresh Fruit or Cupped Fruit
29 BeneFit Bar String Cheese or Yogurt Fresh or Cupped Fruit	30 Nutrigrain Bar String Cheese or Yogurt Fresh or Cupped Fruit			



Join Us for Breakfast

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores



All meals served with milk.

